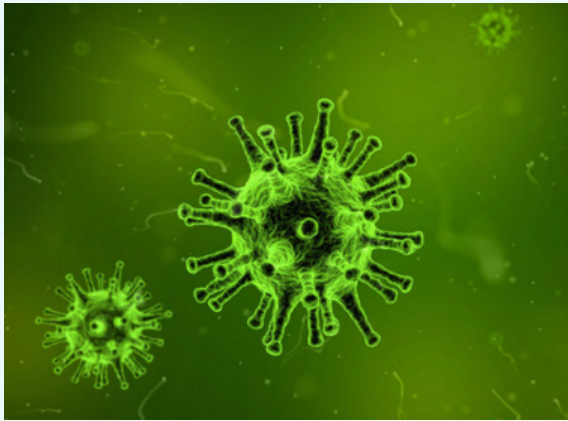


Welcome to the second edition of the Hertfordshire and west Essex Healthier Together Newsletter, our monthly round-up of what's new and relevant on the site. Please share widely amongst colleagues, and encourage parents and young people to access the website for support and guidance.



## COVID-19 GUIDANCE AND SUPPORT

Up-to-date information and guidance for parents on how to care for children with COVID-19 can be found [here](#).

Information on COVID-19 during pregnancy can be found [here](#).



## WHAT'S NEW

New additions to the website include, support and guidance for vaccinations for teenagers can be found [here](#).

Current government guidance on COVID-19 can be found [here](#).

Information on how to book a vaccine appointment can be found [here](#).



## NEW BABY - WHAT'S NORMAL AND WHAT'S NOT

Information on caring for a new-born baby can be found [here](#).



## MENTAL HEALTH & WELLBEING

Information on mental health and wellbeing for children, young people, parents, carers and professionals can be found [here](#).